



New River Adventure

Leaders' Guide - Blue Ridge Scout Reservation



The Ultimate High Adventure Challenge

If you are a thrill-seeker looking for a rollercoaster week of challenge and fun, look no further than the New River Adventure Program. This program combines teamwork, leadership, and the confidence-building activities of a nationally accredited COPE course with the thrills, skills, and challenges of high adventure programs ranging from white water rafting to ice climbing.

Before Camp

- Complete the BSA National Medical Form (Parts A, B, and C)
- Complete, print, and sign the ATV Waiver (page 6) and bring to Camp.
- Complete, print, and sign the Parental Waiver (page 5) and bring to Camp.
- Remember to bring proof of Accident and Sickness Insurance (for out-of-council units)
- Complete your Optional Day Selection Form (page 3) and submit it to the Camp Registrar by April 26th, 2019
- Print and bring two copies of your completed New River Adventure Roster (page 9) and BSA National Medical form. One copy will go out each day's activity and the other will stay in the Health Lodge.
- Consult the **Reservation Guide** for other administrative details, forms, and duties.

Schedule

Sunday

- Arrive at camp and send one Leader to the Handicraft shelter with the required forms, and the rest of the unit will follow a guide to their campsite and unload. If a Scout is attending provisionally, they need to report to check-in before going to their campsite.
- Once all the gear is dropped off at the campsite, the guide will take the unit to Medical checks, and then to the waterfront for swim tests. All New River Adventure participants must pass a swim test at Camp with a "Swimmer" proficiency in order to go canoeing and whitewater rafting.
- After completing swim checks, participants are free until dinner. After dinner, participants will line up on the parade field to meet for the opening campfire. Your schedule will be posted in the Centennial Training Center (CTC) on Sunday afternoon. While waiting for the campfire, swing by the CTC and look at your schedule.

Monday - Friday

- Your schedule will depend upon which activity your group will be doing that day. All the activities will start after breakfast, so be prepared and bring all the items necessary for that day's activities.

Friday Night - After Closing Campfire

- Have Scouts pack all their belongings except those needed for Friday night and Saturday morning.
- Pack all unit gear.
- Check the packet to ensure you have received the correct number of participant patches.
- Complete the camp/program evaluation and reserve your spot for next year..
- If members of your unit need to get from Powhatan to Ottari, either arrange for someone in your unit to pick the participants up or let the camp office know prior to Friday so arrangements can be made for Saturday morning.

Last Updated: January 29, 2019



All camps and programs offered at the Blue Ridge Scout Reservation have been nationally accredited through the Boy Scouts of America's National Camp Accreditation Program.

Optional Programs

Caving (limit of 8 per day)

Those selecting the Caving option will explore one of the many limestone caves located throughout the New River Valley. Be prepared to get muddy as you experience total darkness, learn about cave formations, and practice low-impact caving techniques. (Cave mud will permanently stain clothing.)

Natural Rock Climbing (limit of 10 climbers per day)

If you like the feel of a climbing harness, the cool touch of natural rock, and the taste of sweat as adrenaline pumps through your system, then this is for you. Scouts who choose this option learn basic climbing skills in the New River Gorge. Participants will spend one night in our outpost in West Virginia. The crew will eat out for dinner and have the opportunity to purchase snacks, so bring \$15-20. Due to National Park Permit requirements, groups with more than ten people will be split up and have separate schedules for the week. Venturers should complete all but requirement 9 of the Ranger Mountaineering elective and a large portion of the COPE elective.

All Terrain Vehicle (limit of 8 per day)

Those selecting the ATV option will spend the entire day learning how to safely control and maintain an ATV, while completing the ATV Safety Riders Course. There will be a long trail ride after the successful completion of the course through the scenic property of the BRSR. The ATV Institute requires that all participants wear long sleeves, long pants, and over-the-ankle boots. Participants must bring these items to camp if they wish to participate in the ATV program. There is an additional fee of \$50 for this program.

Participants must be 16 Y/O or older by camp.

Cowboy Action Shooting (limit of 12 per day)

Cowboy Action Shooting is a competitive, multi-gun match using a combination of pistol, rifle, and shotgun on an "Old West Themed" course. Participants will dress up in appropriate theme costume and compete against one another in this fun role-playing event.

New River Adventure

Optional Day Selection Form

Return by April 26th, 2019 to:

Camp Registrar

Blue Ridge Mountains Council, BSA
2131 Valley View Blvd., NW
Roanoke, VA 24012

Or via email to:
shirleyn@bsa-brmc.org

If we do not receive your selections by April 26th, 2019, we will select an optional program for you. All selections must be made as a group.

Dates attending camp: _____
Adult Contact: _____
Email: _____
Address: _____
City: _____ State: _____ ZIP: _____
Preferred Phone Number: _____

Number of Youth: ____
Number of Leaders: ____
Unit Number: ____
Unit Type: _____
Council: _____

Please indicate the top three choices of optional day activities for your group. If your group size exceeds the maximum limit for a desired activity, please select two optional days as your choice for your preference (1 being most preferred, 3 being least preferred), and indicate the number of people in your group who want to participate. Please only indicate more than one preference if your group size is over the limit for the program. Program descriptions are available on the reverse page of this form, and space is provided below for explanations of preferences and special needs.

1 2 3

- Option 1 - Caving (limit 8)
- Option 2 - Natural Rock Climbing in the New River Gorge (limit 10)
- Option 3 - ATV (limit 8) - Must be at least 16 years old by camp - Costs additional \$50
- Option 4 - Cowboy Action Shooting (limit 12)

In order to serve you better, please list below any special needs (physical, dietary, or otherwise) that your group might have. You can also discuss group size/preference issues:

SPECIFIC GEAR NEEDED FOR OPTIONAL PROGRAMS

Low COPE	<ul style="list-style-type: none"> • Closed-toe shoes • Sturdy pants or shorts 	<ul style="list-style-type: none"> • Sunscreen • Water bottle
High COPE	<ul style="list-style-type: none"> • Closed-toe shoes • Sturdy pants 	<ul style="list-style-type: none"> • Sunscreen • Water bottle
Natural Rock Climbing	<ul style="list-style-type: none"> • Daypack • Rain gear • Water bottle • Bug spray • Boots or sturdy shoes (climbing shoes if you have them) • Overnight bag with toiletries and sleeping bag 	<ul style="list-style-type: none"> • Long pants • Gloves • \$20 for dinner in WV • Sunscreen
Rafting/Canoeing	<ul style="list-style-type: none"> • Closed-toe shoes • Sunscreen • Sunglasses • Hat 	<ul style="list-style-type: none"> • Bathing Suit • Water bottle • Dry clothes for ride home
ATV	<ul style="list-style-type: none"> • Long sleeve shirt • Long pants 	<ul style="list-style-type: none"> • Over-the-ankle boots • Signed waiver turned in at Camp
Caving	<ul style="list-style-type: none"> • Long pants • Long sleeve shirt • Closed toe shoes 	<ul style="list-style-type: none"> • Gloves (recommended) • Change of clothes and shoes • Water bottle

PREPARE FOR THE ADVENTURE

Who can participate?	Scouts who are at least 13 years old and have completed the 8 th that can pass the BSA Swimmer's Test. If you cannot pass the test, you will not be allowed to participate in aquatic activities including whitewater rafting and whitewater canoeing.
What kind of leadership do we need?	Our program staff provides the primary adult leadership for New River Adventure groups during activity and travel. Adult Leaders are more than welcome to attend the program and have the same experiences as the youth, but are not required. The only exception for this rule concerns co-ed units that must send at least one female adult leader if there are female crew members.
How do we get to all the activities?	The New River Adventure staff will provide transportation to and from all activities in either school buses or 15-passenger vans. Adults can earn credit toward the Leader's Award by offering to assist with driving.
Where will we stay?	Participants will stay at Powhatan either with their own troops or in provisional sites dedicated to New River Adventure. Groups that receive the New River Gorge Climbing option will spend one night at our outpost in West Virginia.
With whom will we participate?	Participants will be combined into groups of 10-20 scouts and adult leaders based on the optional day choice. When possible, (depending on size) we will group your unit together.
What kind of special gear do I need?	New River Adventure provides certified, high-quality gear for all of its activities. However, each program requires specific personal gear (see above) that helps to ensure your safety and enjoyment of the program. A small backpack will be helpful for carrying gear to and from programs.
What does "optional day" mean?	Everyone in New River Adventure will participate in two days of COPE and a day of and whitewater rafting. Your group must select an optional day program and submit the form on page 3. Selections will be honored on a first-come, first-served basis; but no choice is guaranteed.

New River Adventure

Parental Waiver

A Letter of Understanding To Parents of New River Adventure Participants

To participate in the New River Adventure, both the participants and their parent(s) must sign and return this form.

Your son/daughter is enrolled in a week-long high adventure program at the Blue Ridge Scout Reservation. To participate, your son/daughter must be at least age 13 and have completed the 8th grade by camp, and must pass the BSA swim test with a "Swimmer" proficiency upon arrival at Camp Powhatan.

This Program will Include:

- A day of whitewater rafting on the New River Gorge, which has nineteen Class 3, 4, and 5 rapids.
- A day of canoeing on the New River, which has several Class 2 & 3 rapids.
- Two days of physical challenges on our COPE (Challenging Outdoor Personal Experience) course. This is a BSA-designed ropes course that develops confidence, self esteem, problem solving abilities, and teamwork.
- For the last program days, the unit may choose to go caving, climbing and repelling on a 55-foot climbing tower, whitewater canoeing, participate in a natural rock climbing experience, ride ATVs, or participate in a competitive, multi-gun shooting match.

Our New River Adventure program receives enthusiastic reviews each summer from hundreds of participants. They find it exciting and worthwhile, but it is also physically demanding. We highly recommend following the BSA's height/weight guidelines found on the medical form.

All outdoor high adventure activities have inherent risks. We have had cuts, sprains, and broken bones. We have safety rules that must be obeyed and safety equipment that must be worn. Families and units are responsible for medical costs.

I have read and understand the nature of the activities of the New River Adventure program. I will follow instructions and will adhere to the safety rules of the program.

Participant Name (print): _____

Participant Signature: _____

Dates attending camp: _____ Unit Type: _____ Unit Number: _____

I have read and understand the nature of the activities of the New River Adventure program. I will follow instructions and will adhere to the safety rules of the program.

Parent/Guardian Name (print): _____

Parent/Guardian Signature: _____

Date: _____

All-Terrain Vehicle (ATV) Program

Participation and Hold-Harmless Agreement

Camp New River Adventure, Blue Ridge Scout Reservation

Camp New River Adventure from the Blue Ridge Mountains Council will be conducting an ATV program at camp. Scouts will be instructed how to ride on and drive an ATV. Scouts will be taught ATV safety and will drive on a training course, then on approved trails only. Scouts will be on the unit individually and in control of the power and brakes. Scouts will be required to wear a helmet, goggles, gloves, over-the-ankle boots, long-sleeve shirts, and long pants. Scouts are expected to abide by all safety rules and the instructions of the camp instructor(s).

I, the undersigned, give my child, _____, permission to participate in this program. I understand that participation in the activity involves a certain degree of risk. I have carefully considered the risk involved and have given consent for my child to participate in the activity. I understand that participation in the activity is entirely voluntary and requires participants to abide by the rules and standards of conduct. I release the Boy Scouts of America, the ATV Safety Institute, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

For safety, my child and I agree that he/she will do the following or he/she will be removed from the program. Because space is limited, any additional cost associated with participation in this program will not be refunded.

1. Complete the ATV safety class taught at Camp New River Adventure.
2. Wear all required safety gear at all times on or around the equipment.
3. Follow all safety rules provided in the training class.
4. Follow the instructions of the camp staff instructor(s).
5. Maintain control of the ATV at all times and remain within the speed determined to be safe by the camp instructor(s).
6. Be in full compliance with all local, state, and federal guidelines, including age restrictions and original equipment manufacturer standards.
7. Respond to the camp satisfaction survey from the Boy Scouts of America as it evaluates the ATV program.

Participant's signature: _____ Date: _____

Parent/guardian signature: _____ Date: _____

Parent/guardian printed name: _____ Date: _____

Home phone: _____ Cell phone: _____

Email address (for survey purposes only): _____



**WANNA
COME
BACK?**



POST-SEASON RAFTING!

Don't let the fun end! Join the Blue Ridge Scout Reservation's New River Adventure rafting team for post-season New River rafting trips! It is open to all adults, Scouts 14 & up and Venturers!

These trips will run from July 22 - 26th, 2019

Visit the Council website at this link for more information:

<https://bsa-brmc.org>

WANT A VIDEO?

If you would like a video of your whitewater rafting day during New River Adventure, see the form on the next page.

New River Adventure

Whitewater Rafting Video Order Form

Name: _____ Unit Number: _____
Address: _____ Unit Type: _____
City: _____ State: _____ ZIP: _____
Preferred Phone Number: _____ Date of Trip: _____
Email: _____ Number of Copies Desired: _____
Day of Trip \$20 per copy, or four copies for \$60.
Monday Tuesday Wednesday Thursday Friday Total: _____

Trading Post Staff Signature: _____

Date Mailed: _____

Please bring this form and payment with you to camp.
Please print all fields.

Name: _____ Unit Number: _____
Address: _____ Unit Type: _____
City: _____ State: _____ ZIP: _____
Preferred Phone Number: _____ Date of Trip: _____
Email: _____ Number of Copies Desired: _____
Day of Trip \$20 per copy, or four copies for \$60.
Monday Tuesday Wednesday Thursday Friday Total: _____

Trading Post Staff Signature: _____

Date Mailed: _____

Please bring this form and payment with you to camp.
Please print all fields.

New River Adventure Roster

Dates attending camp: _____ Unit Type: _____ Unit Number: _____

	Name of Participant	Date of Birth	Address	Phone Number
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